

e-therapy.com

The platform is a tool in order to bring therapists and clients together. For therapists the platform offers a professional online (and secure) communication service for clients. The system is easy to use, and provides an instant 'front door' to the therapist's practice. Therapists have their own editable page where they can provide information about themselves and upload accreditation documents. They are also automatically given an own sub-domain name as part of the subscription, which allows clients direct access to book and login to sessions. Clients can sign up with one or several therapists and check out available session times. They can book and receive therapy sessions in the secure environment of their own home, or from a workstation at a time when they are available.

Target Groups	Topics	Type of Best Practice	Country
• Adults • Children / Adolescents • Therapists	• General	• Counselling • Therapy • Platform	• Australia

Description

All therapists and professional practice and services, who register with e-therapy, receive their own sub-domain (website). The service is available for all types of therapists: psychologists, counsellors, nutritionists, caseworkers and other professional support occupations.

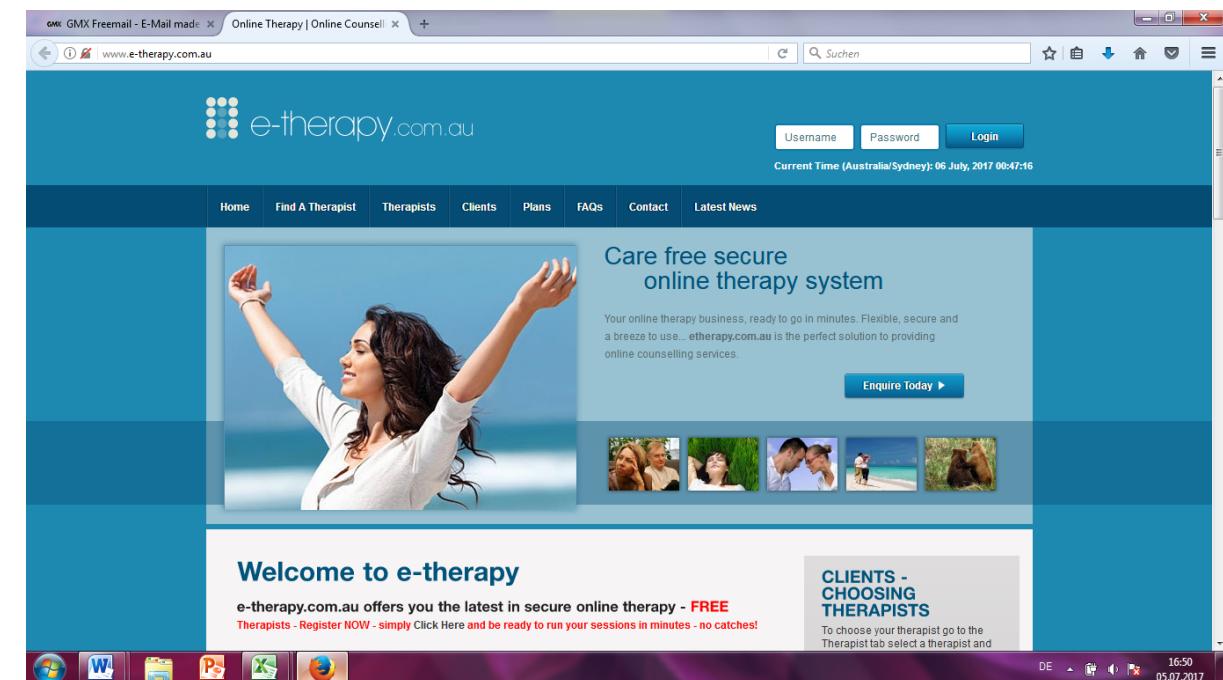
Benefits of e-therapy for therapists

- Clients can access services when it suits them.
- Therapists can provide service to clients in remote areas.
- Housebound clients have access to therapy.
- E-therapy is an addition to traditional therapy, allowing chats between face-to-face sessions.
- E-therapy can be a first step in therapy for reluctant face-to-face groups; such as men and teenagers.

Benefits for the client

- They don't have to travel to a therapist.
- Online therapy can complement traditional face-to-face sessions.
- Online meetings in the comfort of the home, workplace or anywhere that suits clients.

More flexible session times can be chosen.



Original language

English

Country

Australia

Link

<http://www.e-therapy.com.au/>

(access date: 05/07/2017)



CC - Attribution-NonCommercial-ShareAlike
<http://creativecommons.org/licenses/by-nc-sa/3.0/>

media k GmbH. *e-therapy.com*. Retrieved on Monday January 26, 2026 from <https://ecounselling4youth.gunet.gr/online-material/courses/TGP112/>



Co-funded by the
Erasmus+ Programme
of the European Union

The European Commission support for the production of this publication does not constitute an endorsement of the contents which reflects the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein

<https://www.ecounselling4youth.eu/project/>