Psicoterapia persona

The web site pscioterapiapersona (In English: Psychotherapy-person) is run by two clinical psychologists and psychotherapist who beside person to person therapy offer online counselling and psychotherapy as well. The web site is very rich in materials as they provide educational materials (texts and videos) on many psychological issues such as: emotional dependency, narcissism, eating disorders, anxiety disorders, emotional manipulation and violence, and mindfulness. Also, info on actual workshops on the above mentioned topics are announced. The therapists publish blogs on this page that the users can comment on. On the page Who are we detailed professional biographies with professional registration numbers are provided. The page Lo psicologo online (Psychologist online) gives info on reasons why people use online therapy, and describe steps and rules on making contact through Skype and payment arrangments. Online therapy and counselling are provided for legal adults only and relevant Italian laws on therapy and privacy are stated.

Additional topic

- Emotional manipulation and violence

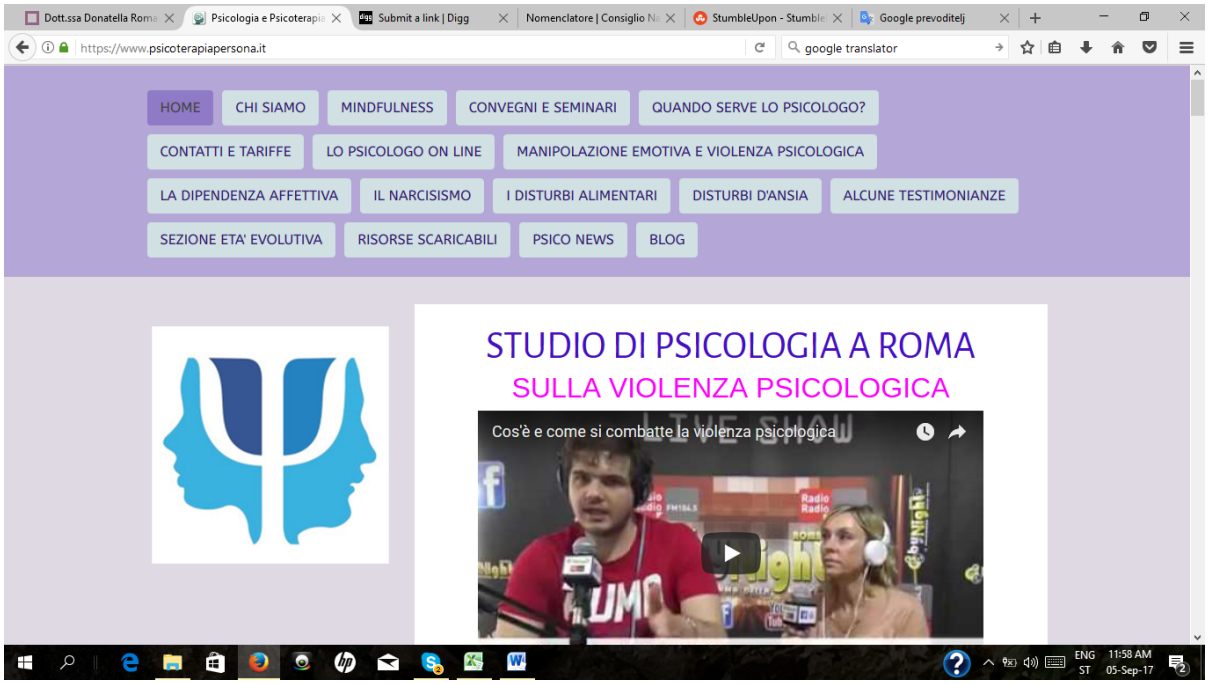
Target Groups	Topics	Type of Best Practice	Country
• Adults	• General	• Counselling • Therapy • Platform	• Italy

Description

Psicoterapiapersona is a web site that is very rich in its content. On the top of the Home page are tabs leading to many different psychological issues (as stated above) as well as info on seminars and conventions, psychological news and blogs. Most of the written materials are additionally provided in pdf and ready to download. The materials are scientifically grounded but also written in an approachable manner. This web site is one of the most interactive ones in comparison to the similar ones since the therapists in question regularly publish blogs on psychological themes of interest and the users can make comments.

In the online psychotherapy section three main reasons on why people choose online therapy/counselling are described, the steps on how to make first online appointment through Skype, duration of session, and cancellation policies. This service is offered only to legal adults. The first contact can be made through telephone or by filling out the online form with name, a general reason for contacting, and clicking on which of the two therapist he/she wants to contact. At the bottom of this page the Legislation numbers of Italian laws on therapy and privacy are given. Also, the therapists provide a link to minimum or maximum pricing ordered by the National organization of Italian psychologists. The section Who are we is also extensive and it provides professional biographies and pictures of the therapists. Their public appearances (tv, newspaper interviews, conferences, seminars, etc) and CVs are also available.

The web site gives links to all of the major social networks such as Facebook, Email, Twitter, LinkedIn, Tumblr, Google+ but also StumbleUpon, digg, Vikontakte, and Yoolink.



Original language

Italian

Country

Italy

Link

https://www.psicoterapiapersona.it/

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