

## Psicomindcare

Psicomindcare presents several ways to promote a healthier lifestyle in the various phases of human development, taking into account the specific needs of each stage, always considering a holistic approach. To achieve this goal, Psicomindcare has a team of technicians with various capacities to respond to the needs in different communities (families, schools or organizations).

Psicomindcare offers a wide range of services in Portuguese, some of which can be done remotely, namely distance psychology services (clinical psychology sessions by Skype and counselling via email).

**Additional keywords:** Intervention in dyslexia and disorthography, Cognitive stimulation, Psychoeducation consultations, Play therapy, Clinical hypnosis, School support, Psychological evaluation, School and vocational guidance, Parental coaching, Speech Therapy

Target Groups	Topics	Type of Best Practice	Country
<ul style="list-style-type: none"><li>• Adults</li><li>• Children / Adolescents</li><li>• Parents</li><li>• Organizations</li></ul>	<ul style="list-style-type: none"><li>• General</li><li>• Education</li></ul>	<ul style="list-style-type: none"><li>• Counselling</li><li>• Therapy</li><li>• Coaching</li><li>• Community</li><li>• Other type</li></ul>	<ul style="list-style-type: none"><li>• Portugal</li></ul>

## Description

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The website for online sessions informs the reader that the online intervention service respects all ethical and deontological principles and has the advantage of being flexible for people who for some reason cannot go or prefer not to go to a physical office but are in need of the help of a qualified psychology specialist.

Psicomindcare offers services in clinical psychology (therapy sessions), play therapy, clinical hypnosis, school support, psychological evaluation, school and vocational guidance, intervention in dyslexia and disorthography, cognitive stimulation, parental coaching, psychoeducation, speech therapy, and psycho-training programs.

## Original language

Portuguese

## Country

Portugal

## Link

<http://www.psicomindcare.pt/home>

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