

## Therapion

*Therapion* is a website in 15 different languages that offers services in the field of clinical psychology, therapy and counselling. These services are carried out by psychologists and psychotherapists of different nationalities who speak at least one of 15 languages. These professionals are highly trained and skilled in different areas of clinical psychology, therapy, and counselling, and offer their services via the internet.

*Therapion*, besides being able to provide online services to the general public (adults, young children), offers training courses to the general public as well as videos and articles on some topics in the field of health and wellness.

This website also offers courses for professionals (psychologists and psychotherapists) with the aim of training them on online services providing (such as the course on Online Methods- Training for professionals, psychologists and psychotherapists. <http://www.therapion.com/pt/curso/>).

**Additional keywords:** Loneliness, Low self-esteem, Love problems, Parent-child relationship, Career Counseling, Online Methods Course-Training for professionals. Psychotherapists, Psychologists

Target Groups	Topics	Type of Best Practice	Country
<ul style="list-style-type: none"> <li>• Adults</li> <li>• Children / Adolescents</li> <li>• Parents</li> </ul>	<ul style="list-style-type: none"> <li>• General</li> <li>• Depression</li> <li>• Anxiety</li> <li>• Eating issues</li> <li>• Stress</li> <li>• Relationships disorders</li> <li>• Family conflicts</li> </ul>	<ul style="list-style-type: none"> <li>• Counselling</li> <li>• Therapy</li> <li>• Coaching</li> </ul>	<ul style="list-style-type: none"> <li>• Portugal</li> <li>• Spain</li> </ul>

## Description

*Therapion* is a website in 15 different languages (Portuguese, Spanish, Italian, French, English, Danish, Suomi, Swedish...) that offers online services in the field of clinical psychology, therapy and counselling. These services are carried out by psychologists and psychotherapists of different nationalities who speak at least one of 15 languages. These professionals are highly trained and skilled in different areas of clinical psychology, therapy, and counselling, and offer their services via the internet. Some online therapy and online counselling specialties of *Therapion* are: stress, depression, anxiety, loneliness, self-esteem, social anxiety, eating disorders and obesity, shyness, guilt, anger, relationship advice, marriage and couples counselling, life transition counselling, and expat coaching.

*Therapion*, besides being able to provide online therapy and counselling services to the general public (adults, young children) offers training courses, videos, and articles on some topics in the field of health and wellness.

This website also offers courses for professionals (psychologists and psychotherapists) with the aim of training them on online services providing (such as the course on Online Methods- Training for professionals, psychologists and psychotherapists. <http://www.therapion.com/pt/curso/>).

## Original language

Spanish

Portuguese

## Country

Spain, Portugal

## Link

<http://www.therapion.com/es/>

<http://www.therapion.com/pt/>

(access date: 20/05/2017)



CC - Attribution-NonCommercial-ShareAlike  
<http://creativecommons.org/licenses/by-nc-sa/3.0/>

ESS|P.PORTO. *Therapion*. Retrieved on Thu June 18, 2026 from <https://ecounselling4youth.gunet.gr/online-material/courses/TGP129/>



Co-funded by the  
 Erasmus+ Programme  
 of the European Union

The European Commission support for the production of this publication does not constitute an endorsement of the contents which reflects the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein

<https://www.ecounselling4youth.eu/project/>