

## dieonlinepsychologen

dieonlinepsychologen offer online counselling via text message or telephone by professional psychologists with regard to different concerns. Clients can choose a psychologist from a list and get in touch with them. The initial answer will be given within 24 hours and later counselling will take place within 72 hours.

### Target Groups

- Adults

### Topics

- General

### Type of Best Practice

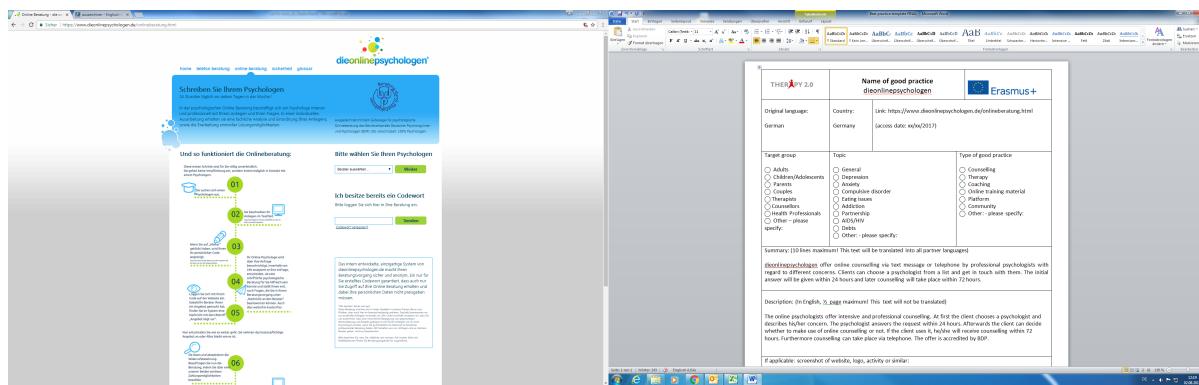
- Counselling

### Country

- Germany

### Description

The online psychologists offer intensive and professional counselling. At first the client chooses a psychologist and describes his/her concern. The psychologist answers the request within 24 hours. Afterwards the client can decide whether to make use of online counselling or not. If the client uses it, he/she will receive counselling within 72 hours. Furthermore counselling can take place via telephone. The offer is accredited by BDP.



The screenshot shows the website 'dieonlinepsychologen' with a 'Schreiben Sie ihrem Psychologen' (Write to your psychologist) section and a 'Und so funktioniert die Onlineberatung' (How online counselling works) diagram. The diagram illustrates a 6-step process: 1. Client sends message, 2. Psychologist receives message, 3. Psychologist answers message, 4. Client receives answer, 5. Client sends message, 6. Psychologist receives message. A summary table in Microsoft Word provides details about the service, including the original language (German), country (Germany), and various service details.

THERAPY 2.0		Name of good practice	Erasmus+
Original language:	German	Country:	Germany
		Link:	<a href="https://www.dieonlinepsychologen.de/onlineberatung.html">https://www.dieonlinepsychologen.de/onlineberatung.html</a>
		(access date: 20/04/2017)	
Target group	Topic	Type of good practice	
<input type="checkbox"/> Adults <input type="checkbox"/> Children/Teenagers <input type="checkbox"/> Parents <input type="checkbox"/> Couples <input type="checkbox"/> Therapists <input type="checkbox"/> Counselors <input type="checkbox"/> Health Professionals <input type="checkbox"/> Other – please specify <input type="checkbox"/> gender <input type="checkbox"/> sexual orientation	<input type="checkbox"/> General <input type="checkbox"/> Depression <input type="checkbox"/> Anxiety <input type="checkbox"/> Trauma <input type="checkbox"/> Eating disorder <input type="checkbox"/> Caring issues <input type="checkbox"/> Work <input type="checkbox"/> Partnership <input type="checkbox"/> Community <input type="checkbox"/> Other – please specify	<input type="checkbox"/> Counselling <input type="checkbox"/> Therapy <input type="checkbox"/> Coaching <input type="checkbox"/> Training material <input type="checkbox"/> Partnership <input type="checkbox"/> Community <input type="checkbox"/> Other – please specify	
<b>Summary:</b> (10 lines maximum) This text will be translated into all partner languages. <b>dieonlinepsychologen</b> offer online counselling via text message or telephone by professional psychologists with regard to different concerns. The psychologist answers the request within 24 hours. Afterwards the client can decide whether to make use of online counselling or not. If the client uses it, he/she will receive counselling within 72 hours. Furthermore counselling can take place via telephone. The offer is accredited by BDP.			
<b>Description:</b> (In English, 2500 characters maximum) This text will not be translated. <b>dieonlinepsychologen</b> offer online counselling via text message or telephone by professional psychologists with regard to different concerns. The psychologist answers the request within 24 hours. Afterwards the client can decide whether to make use of online counselling or not. If the client uses it, he/she will receive counselling within 72 hours. Furthermore counselling can take place via telephone. The offer is accredited by BDP.			
<b>If applicable:</b> screenshot of website, logo, activity or similar:			

### Original language

German

### Country

Germany

### Link

<https://www.dieonlinepsychologen.de/onlineberatung.html>

(access date: 2017)



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ILI. *dieonlinepsychologen*. Retrieved on Monday January 26, 2026 from <https://ecounselling4youth.gunet.gr/online-material/courses/TGP134/>



Co-funded by the  
Erasmus+ Programme  
of the European Union

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<https://www.ecounselling4youth.eu/project/>