

# psyaspect

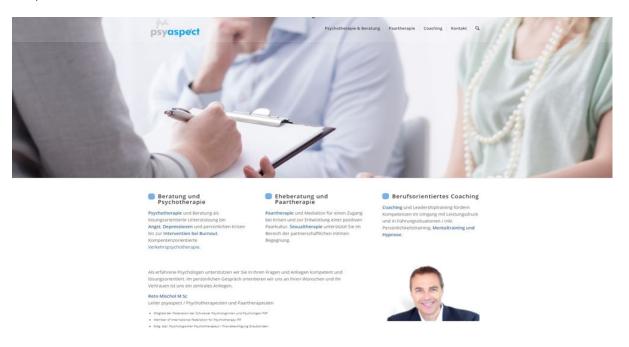
Psyaspect provides online counselling and therapy via e-mail, telephone or video conference. Experienced psychologists counsel clients in the fields of occupation, relationship and life. For the first interview a dialogue on-site is recommended.

Additional topic: Occupation

Target Groups	Topics	Type of Best Practice	Country
<ul> <li>Adults</li> </ul>	<ul> <li>General</li> </ul>	<ul> <li>Counselling</li> </ul>	<ul> <li>Switzerland</li> </ul>
<ul> <li>Couples</li> </ul>	<ul> <li>Partnership</li> </ul>	<ul> <li>Therapy</li> </ul>	

### **Description**

Psyaspect is a service provider in the range of psychotherapy, relationship therapy and job coaching. The counsellors are psychologists with scientific competences and comprehensive experiences. They provide online therapy and counselling. For the first interview, where the aims of the treatment are defined, they prefer a dialogue on-site. Recommended topics for online counselling are occupation as well as issues of relationship or life. The first step of an online counselling is to send a short description of the problem and the current situation, and then the client gets an acknowledgement of receipt and will be contacted. The counselling can be undertaken via e-mail, video conference or telephone.



### Original language

German

## **Country**

Switzerland

### Link

https://www.psyaspect.ch/beratungundpsychotherapie/psychologische-onlineberatung/

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https://www.ecounselling4youth.eu/project/