

## We Care On

WeCareOn is a Portuguese StartUp that aims at increasing the accessibility of health and wellness services by demystifying preconceived ideas and individual fears. This is a unique platform in Portugal in this area and it is certified by the Portuguese Healthcare Regulation Authority.

**Additional keywords:** Mindfulness, Psychology consultations in different areas of expertise

Target Groups	Topics	Type of Best Practice	Country
<ul style="list-style-type: none"> <li>• Adults</li> <li>• Children / Adolescents</li> <li>• Couples</li> </ul>	<ul style="list-style-type: none"> <li>• General</li> <li>• Depression</li> <li>• Anxiety</li> <li>• Compulsive disorder</li> <li>• Eating issues</li> <li>• Addiction</li> <li>• Relationships disorders</li> <li>• Sexual disorders</li> </ul>	<ul style="list-style-type: none"> <li>• Counselling</li> <li>• Coaching</li> <li>• Platform</li> </ul>	<ul style="list-style-type: none"> <li>• Portugal</li> </ul>

### Description

WeCareOn is a Portuguese StartUp that aims at increasing the accessibility of health and wellness services by demystifying preconceived ideas and individual fears. This is a unique platform in Portugal in this area, that connects users to the knowledge and guidance of psychology and coaching professionals, through online sessions, using video conferencing / video call, voice, chat, and email.

Some of the areas of expertise of WeCareOn professionals (psychologists, therapists and coaches) are: coaching (couple, family, relationships, for teenagers, for entrepreneurs sales health, life coach, etc.), psychology (e.g. eating disorders, anxiety disorders, relationships disorders, bullying, sexual disorders) and counseling (e.g. food, parental and psychological). These professionals are qualified to conduct online sessions in the areas of psychology and coaching.

Acompanhe os destaques que a WeCareOn tem tido na comunicação social



### WeCareOn – Consultas Online Psicologia e Coaching na RTP Açores

A psicóloga Daniela Esteves da WeCareOn apresentou as consultas online de psicologia e coaching para o programa Açores 24, na RTP Açores no passado dia 16 de janeiro de 2017. Plataforma online de psicologia e coaching.

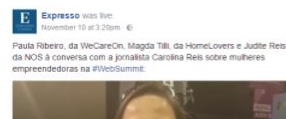
[VER](#)

### Gostaria de saber mais sobre nós?

Se pretender entrar em contacto com a WeCareOn pode fazê-lo muito facilmente, basta enviar-nos um email ou entrar em contacto connosco via telefone.

☎ (+351) 937 153 336

✉ [info@wecareon.com](mailto:info@wecareon.com)



### Paula Ribeiro e a WeCareOn no Web Summit

Paula Ribeiro foi entrevistada pelo Expresso, no Web Summit 2016, com outras duas mulheres que partilharam a sua experiência no mundo empresarial e na criação de novos projectos. Fizemos

## Original language

Portuguese

## Country

Portugal

## Link

<http://wecareon.com/media/>



CC - Attribution-NonCommercial-ShareAlike

<http://creativecommons.org/licenses/by-nc-sa/3.0/>

ESS|P.PORTO. *We Care On*. Retrieved on Thu June 18, 2026 from <https://ecounselling4youth.gunet.gr/online-material/courses/TGP345/>



Co-funded by the  
Erasmus+ Programme  
of the European Union

The European Commission support for the production of this publication does not constitute an endorsement of the contents which reflects the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein

<https://www.ecounselling4youth.eu/project/>