THERAPY 2.0

We Care On

WeCareOn is a Portuguese StartUp that aims at increasing the accessibility of health and wellness services by demystifying preconceived ideas and individual fears. This is a unique platform in Portugal in this area and it is certified by the Portuguese Healthcare Regulation Authority.

Additional keywords: Mindfulness, Psychology consultations in different areas of expertise

Target Groups	Topics	Type of Best Practice	Country
• Adults • Children / Adolescents • Couples	• General • Depression • Anxiety • Compulsive disorder • Eating issues • Addiction • Relationships disorders • Sexual disorders	• Counselling • Coaching • Platform	• Portugal

Description

WeCareOn is a Portuguese StartUp that aims at increasing the accessibility of health and wellness services by demystifying preconceived ideas and individual fears. This is a unique platform in Portugal in this area, that connects users to the knowledge and guidance of psychology and coaching professionals, through online sessions, using video conferencing / video call, voice, chat, and email.
Some of the areas of expertise of WeCareOn professionals (psychologists, therapists and coaches) are: coaching (couple, family, relationships, for teenagers, for entrepreneurs sales health, life coach, etc.), psychology (e.g. eating disorders, anxiety disorders, relationships disorders, bullying, sexual disorders) and counseling (e.g. food, parental and psychological). These professionals are qualified to conduct online sessions in the areas of psychology and coaching.



Original language

Portuguese

Country

Portugal

Link

http://wecareon.com/media/

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