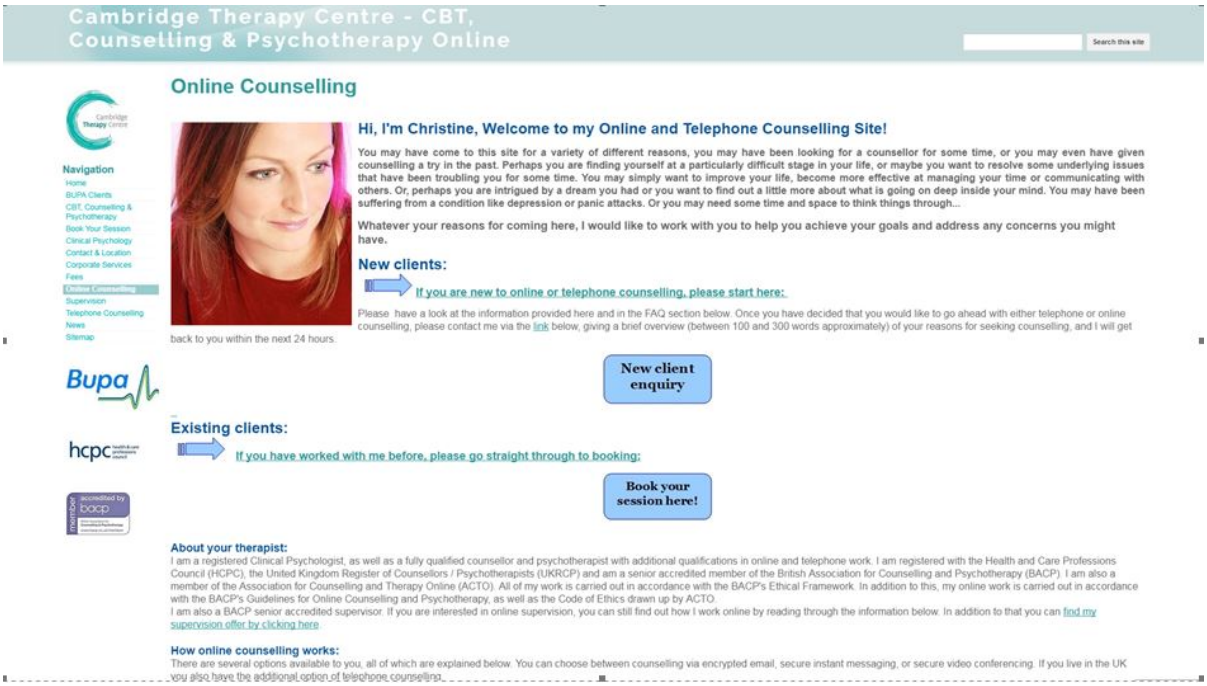
Cambridge Therapy Centre – CBT, Counselling & Psychotherapy Online

Cambridge Therapy centre er vefsíða þar sem boðin er rafræn ráðgjöf fyrir einstaklinga sem eiga við ýmis konar vanda að stríða. Í boði eru ýmsar samskipaleiðir eins og um tölvupóst þar sem gætt er fyllsta trúnaðar, samskipti í gegnum rafræn skilaboð á öruggu vefsvæði eða fjarfundi. Breskir notendur geta einnig nýtt sér símaþjónustu. Öll ráðgjöf hjá þessu fyrirtæki er framkvæmd af sérfræðingum.

Markhópur	Efni	Tegund	Land
• Fullorðnir	• Almennt	• Náms- og starfsráðgjöf	• Bretland

The Cambridge Therapy Centre offers online counselling via e-mail, secure instant messaging, video conference or telephone by a Clinical Psychologist. If the client chooses to make use of e-mail counselling, he or she will spend 50 minutes writing the e-mail and the therapist will in return spend 50 minutes on reading the email and composing the reply to the client. If the client chooses counselling via secure instant messaging, he or she agrees on a fixed 50 minute appointment slot, during which they will talk to each other via a free instant text messaging service. Counselling via secure video conference is probably most like face to face counselling. There the client and therapist also agree a fixed 50 minute appointment slot. For people living in the UK there's additionally the option of telephone counselling. Online counselling is not suitable for clients who find themselves in an acute crisis situation, are suffering from psychiatric disorders and/or are experiencing psychotic episodes or for people who need a medical diagnosis or a prescription.



Upphaflegt tungumál

English

Land

UK

Tengill

http://www.cambridgetherapycentre.co.uk/online-counselling

(access date: 07/04/2017)

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Framkvæmdastjórn Evrópusambandsins, styrkir verkefnið en er ekki ábyrgt fyrir skoðunum eða innihaldi efnis tengdu verkefninu.

https://www.ecounselling4youth.eu/project/