



Cambridge Therapy Centre – CBT, Counselling & Psychotherapy Online

O aconselhamento on-line disponível pelo *Cambridge Therapy Centre* oferece aconselhamento a pessoas com diferentes problemas. Existem várias opções disponíveis para o cliente: podem escolher entre aconselhamento via e-mail criptografado, mensagem instantânea e segura ou por videoconferências segura. Para os clientes que vivem no Reino Unido, existe a opção adicional de aconselhamento por telefone. O aconselhamento é efetuado por um psicólogo clínico registado.

Grupos-alvo	Tópicos	Tipo de Melhores Práticas	Países
• Adultos	• Geral	• Aconselhamento	• Reino Unido

Descrição

The Cambridge Therapy Centre offers online counselling via e-mail, secure instant messaging, video conference or telephone by a Clinical Psychologist. If the client chooses to make use of e-mail counselling, he or she will spend 50 minutes writing the e-mail and the therapist will in return spend 50 minutes on reading the email and composing the reply to the client. If the client chooses counselling via secure instant messaging, he or she agrees on a fixed 50 minute appointment slot, during which they will talk to each other via a free instant text messaging service. Counselling via secure video conference is probably most like face to face counselling. There the client and therapist also agree a fixed 50 minute appointment slot. For people living in the UK there's additionally the option of telephone counselling. Online counselling is not suitable for clients who find themselves in an acute crisis situation, are suffering from psychiatric disorders and/or are experiencing psychotic episodes or for people who need a medical diagnosis or a prescription.

The screenshot shows the Cambridge Therapy Centre website. At the top, there's a navigation bar with links for Home, BUPA Clients, CBT, Counselling & Psychotherapy, Book a Session, Online Privacy, Contact & Location, Corporate Services, Fees, Online Counselling, Supervision, Telephone Counselling, News, and Signup. A search bar is also present. The main content area has a teal header 'Cambridge Therapy Centre - CBT, Counselling & Psychotherapy Online'. Below this, there's a 'Online Counselling' section featuring a photo of a woman (Christine) and text for new clients. It includes a 'New client enquiry' button. Further down, there's a 'Existing clients' section with a 'Book your session here!' button. At the bottom, there's a 'About your therapist' section, a 'How online counselling works?' section, and a footer with links to BUPA and HPCP accreditation.

Idioma original

English

Países

UK

Ligaçāo

<http://www.cambridgetherapycentre.co.uk/online-counselling>

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