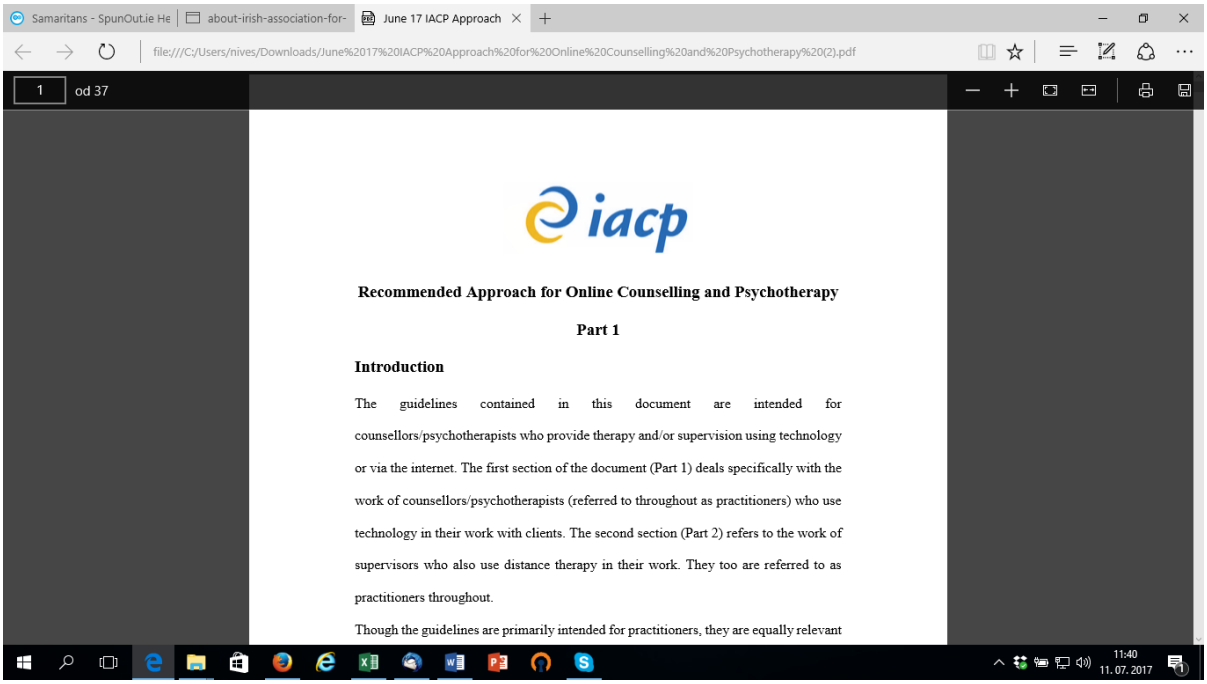
Guidelines: Recommended approach for online counselling and psychotherapy

Irska udruga za savjetovanje i psihoterapiju (IACP) sastavila je smjernice namijenjene savjetnicima / psihoterapeutima koji pružaju terapiju i / ili superviziju pomoću tehnologije ili putem interneta. Prvi dio dokumenta (1. dio) posebno se odnosi na rad savjetnika / psihoterapeuta (tj. praktičara) a koji koriste tehnologiju u svom radu s klijentima. Drugi odjeljak (2. dio) odnosi se na rad supervizora koji također koriste terapijsku distancu u svom radu. Premda su smjernice prvenstveno namijenjene praktičarima, one su jednako važne za bilo koga, uključujući i voditelje usluga, zainteresirane za pružanje on-line terapije.

Ciljana skupina	Tema	Vrsta dobre prakse	Zemlja
• Terapeuti • Savjetovatelji	• Općenito	• Online trening materijali	• Irska

Opis

The purpose of the e-manual is to offer guidelines for several specific areas and contexts. These include *telephone counselling,* where the context is verbal exchange between client and practitioner conducted in real time, *generic voice applications* and *generic video applications,* where communication is either verbal or/and visual. Here are also forums and e-mailing which include private communication with time delay and *FaceTime* as a video chat application developed by Apple conducted in real time over Wi-Fi from iPhone or iPad. These guidelines are of relevance to all practitioners engaging in distance therapy, and should be read and considered alongside the IACP Code of Ethics and Practice for Counsellors/ Psychotherapists/Supervisors. The following areas are the principal focus of the guidelines: *practitioner competence and training, contracts and client suitability, specific issues relating to working online, professional and legal considerations and issues of jurisdiction and protocols for security and appropriate platforms to assure safety and misuse.*



Jezik originala

English

Zemlja

Ireland

Poveznica

http://www.irish-counselling.ie/onlinecounselling

(access date: 21/7/ 2017)

CC - Attribution-NonCommercial-ShareAlike
http://creativecommons.org/licenses/by-nc-sa/3.0/

Integra. *Guidelines: Recommended approach for online counselling and psychotherapy.* Skinuto sa Sunday November 22, 2026 od https://ecounselling4youth.gunet.gr/online-material/courses/TGP401/

Co-funded by the Erasmus+ Programme of the European Union

The European Commission support for the production of this publication does not constitute an endorsement of the contents which reflects the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein

https://www.ecounselling4youth.eu/project/