Instahelp

Instahelp je osnovan 2015. godine s vizijom poboljšanja kvalitete života posjetitelja pružajući jednostavan pristup psihološkom savjetovanju. Pojednostavljuje online psihološko savjetovanje i stvara komplementarnu ponudu postojećem sustavu savjetovanja. Klijenti imaju priliku kontaktirati online profesionalne psihologe i pronaći rješenje komunikacijom putem chat-a. Ovdje se usredotočuje na preventivno savjetovanje i podršku kako bi se podržalo ljude prije no što se problemi pojave.

Ciljana skupina	Tema	Vrsta dobre prakse	Zemlja
• Odrasli • Parovi	• Općenito	• Savjetovanje	• Austrija

Opis

Instahelp was founded in 2015 with the vision to improve the quality of life of the visitors by providing easy access to psychological counseling. It offers psychological online consulting in real time and creates a complementary offer to the existing consulting system. Clients have the opportunity to contact online professional psychologists and find a solution through chat-based communication. The focus here is on preventive counseling and support in order to support people before problems arise at all.

The instructions how to make use of the services is given to potential uses as follows:

“Create an anonymous Instahelp account.

Perform the registration to get anonymous access to Instahelp.

Select a psychologist in the first conversation.

The Instahelp coach answers your questions about Instahelp and suggests a psychologist.

Perform the payment.

Choose your preferred payment method and turn off the advice through your payment.

Start the consultation with your psychologist.

The Instahelp psychologist reports within 24 hours and agrees with you the further consultation process.”

The pricing system depends on the consulting frequency and the extent of the psychologist to react to questions.

1-2x per week (Textchat) or 20 minutes per week in the Livechat (text, audio, video): 29 € per week

3-4x per week (Textchat) or 40 minutes per week in the Livechat (text, audio, video): 49 € per week

5-6x per week (Textchat) or 60 minutes per week in the Livechat (text, audio, video): 69 € per week



Jezik originala

German

Zemlja

Austria

Poveznica

https://instahelp.me/at

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https://www.ecounselling4youth.eu/project/