moodpath

Moodpath je mobilna palikacija namenjena prepoznavanju simptomov depresije. Uporabniku je na voljo 14-dnevno testno obodbje, kjer mu aplikacija pomaga pri spremljanu počutja in simptomov. Po izteku posameznik pridobi mnenje in usmeritve za naprej. Na iOS in Android je na voljo brezplačno.

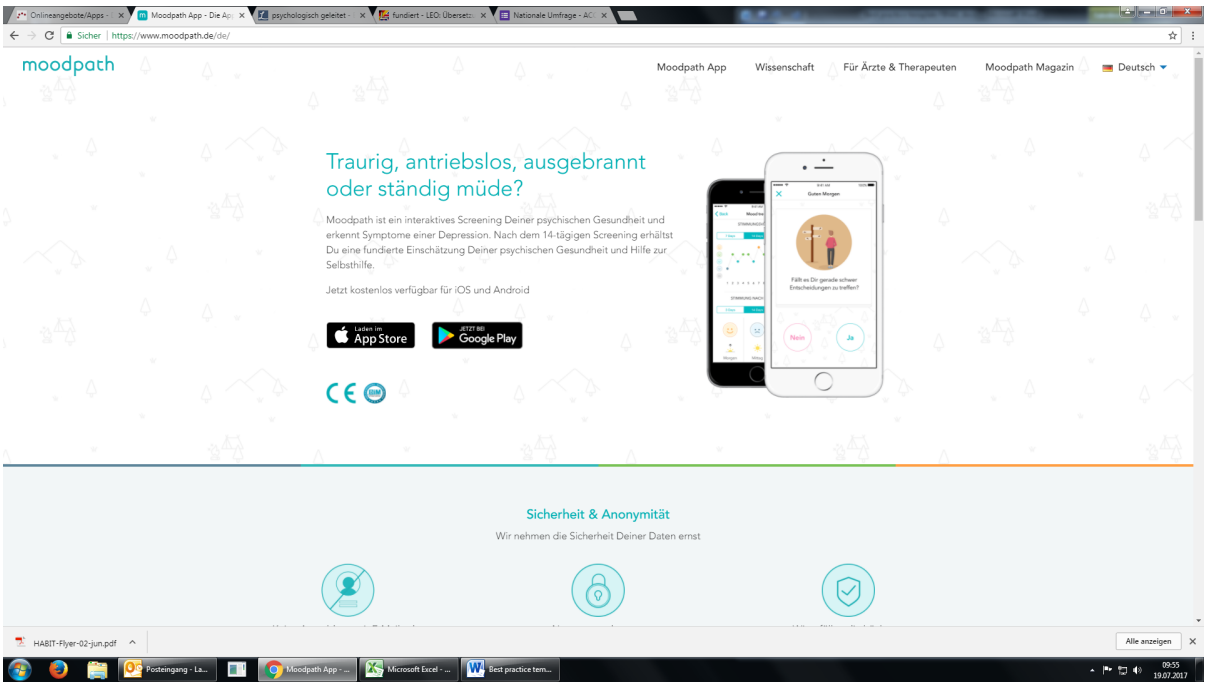
Primeri odbrih praks

- Presejalni program

Ciljne skupine	Teme	Jezik
• Odrasli	• Depresija	• Nemčija

Opis

Moodpath is an optimized screening procedure for recognizing depression, specifically designed for the use on smartphones. The screening was developed in close cooperation with the Division of Clinical Psychological Intervention of the Free University of Berlin. During the screening, the smartphone will accompany the user in his daily life for 14 days. Thereby the collection of valid data points concerning mental illnesses that require treatment is enabled. Moodpath is currently being evaluated in a clinical study at a hospital in Berlin. Over the course of 14 days, participants will be asked about their physical and emotional well-being. Thereby participants reflect their own mood and can better understand the interplay of their thoughts, feelings, behaviour and body. They will receive a profound assessment of their state of mental health after the screening. Further material will help to learn more about their results and potential treatment options. Besides they will receive a summary of their results as a pdf file so that they can share it with their doctor or therapist. If needed, Moodpath can connect the client with experts in his/her area. Finally comprehensive information about depression can be found on the website.



Jezik, v katerem je praksa dostopna v originalu

German

Država

Germany

Povezava

https://www.moodpath.de/de/

(access date: 07/19/2017)

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https://www.ecounselling4youth.eu/project/