

## Psicomindcare

Psicomindcare predstavlja promovira zdravije životne stilove u različitim fazama ljudskog razvoja, vodeći računa o specifičnim potrebama svake faze, uvijek uzimajući u obzir holistički pristup. Kako bi se postigao ovaj cilj, Psicomindcare ima tim tehničara s različitim sposobnostima da odgovore na potrebe u različitim zajednicama (obitelji, školama ili organizacijama).

Psicomindcare nudi širok spektar usluga na portugalskom jeziku, od kojih se neke mogu obaviti na daljinu, uglavnom se to odnosi na psihološke usluge (kliničke seanse putem Skype-a i savjetovanje putem e-pošte).

**Dodatne ključne riječi:** Intervencije kod disleksije i disortografije, Kognitivna stimulacija, Psiho-edukacija savjetnika, Terapija igrom, Klinička hipnoza, Podrška vezana za školu, Psihološka evaluacija, Profesionalna orijentacija, Savjetovanje roditelja, Terapija govora

### Ciljana skupina

- Odrasli
- Djeca / Adolescenti
- Roditelji
- Organizacije

### Tema

- Općenito
- Obrazovanje

### Vrsta dobre prakse

- Savjetovanje
- Terapija
- Coaching
- Zajednica
- Drugo

### Zemlja

- Portugal

## Opis

Psicomindcare presents several ways to promote a healthier lifestyle in the various phases of human development, taking into account the specific needs of each stage, always considering a holistic approach. To achieve this goal, Psicomindcare has a team of technicians with various capacities to respond to the needs in different communities (families, schools or organizations).

Psicomindcare offers a wide range of services in Portuguese, some of which can be done remotely, namely distance psychology services (clinical psychology sessions by Skype and counselling via email).

The website for online sessions informs the reader that the online intervention service respects all ethical and deontological principles and has the advantage of being flexible for people who for some reason cannot go or prefer not to go to a physical office but are in need of the help of a qualified psychology specialist.

Psicomindcare offers services in clinical psychology (therapy sessions), play therapy, clinical hypnosis, school support, psychological evaluation, school and vocational guidance, intervention in dyslexia and disortography, cognitive stimulation, parental coaching, psychoeducation, speech therapy, and psycho-training programs.



## Jezik originala

Portuguese

## Zemlja

Portugal

## Poveznica

<http://www.psicomindcare.pt/home>

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