

## Psicoterapia persona

Web stranicu *psicoterapiapersona* vode dvije kliničke psihologinje i psihoterapeutkinje koje osim terapije licem u lice nude i on-line savjetovanje i psihoterapiju. Stranica je vrlo bogata obrazovnim materijalima (tekstovi i videozapisi) o mnogim psihološkim pitanjima kao što su: emocionalna ovisnost, narcizam, poremećaji prehrane, anksiozni poremećaji, emocionalna manipulacija i nasilje i svjesnost. Također, najavljuju se informacije o aktualnim radionicama o navedenim temama. Terapeuti objavljuju blogove na ovoj stranici na kojima korisnici mogu komentirati. Na stranici Tko smo prikazane su detaljne profesionalne biografije s profesionalnim registracijskim brojevima. Stranica *Lo psicologo online* daje informacije o razlozima zbog kojih ljudi koriste online terapiju i opisani su koraci i pravila o uspostavljanju kontakta putem Skype-a i aranžmana plaćanja. Online terapija i savjetovanje pružaju se samo za punoljetne i navedeni su relevantni talijanski zakoni o terapiji i privatnosti.

### Dodatna tema

- Emocionalna manipulacija i nasilje

Ciljana skupina	Tema	Vrsta dobre prakse	Zemlja
• Odrasli	• Općenito	• Savjetovanje • Terapija • Platforma	• Italija

### Opis

Psicoterapiapersona is a web site that is very rich in its content. On the top of the Home page are tabs leading to many different psychological issues (as stated above) as well as info on seminars and conventions, psychological news and blogs. Most of the written materials are additionally provided in pdf and ready to download. The materials are scientifically grounded but also written in an approachable manner. This web site is one of the most interactive ones in comparison to the similar ones since the therapists in question regularly publish blogs on psychological themes of interest and the users can make comments.

In the online psychotherapy section three main reasons on why people choose online therapy/counselling are described, the steps on how to make first online appointment through Skype, duration of session, and cancellation policies. This service is offered only to legal adults. The first contact can be made through telephone or by filling out the online form with name, a general reason for contacting, and clicking on which of the two therapist he/she wants to contact. At the bottom of this page the Legislation numbers of Italian laws on therapy and privacy are given. Also, the therapists provide a link to minimum or maximum pricing ordered by the National organization of Italian psychologists. The section Who are we is also extensive and it provides professional biographies and pictures of the therapists. Their public appearances (tv, newspaper interviews, conferences, seminars, etc) and CVs are also available.

The web site gives links to all of the major social networks such as Facebook, Email, Twitter, LinkedIn, Tumblr, Google+ but also StumbleUpon, digg, Vikontakte, and Yoolink.

## Jezik originala

Italian

## Zemlja

Italy

## Poveznica

<https://www.psicoterapiapersona.it/>

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