

## Savjetovalište Krnetić

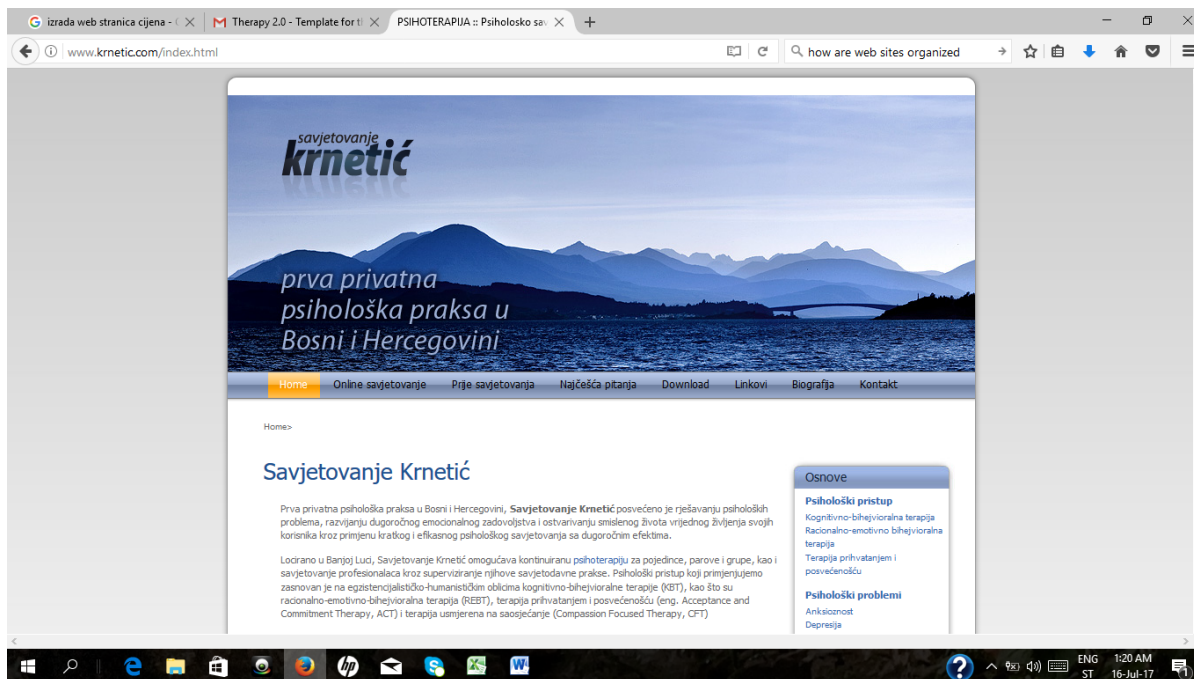
*Savjetovalište Krnetić* er vefsíða þar sem boðin er ráðgjöf og meðferð fyrir einstaklinga, pör og hópa ásamt handleiðslu fyrir sérfræðinga á sviðinu.

Á vefsíðunni má finna upplýsingar um ráðgjöfina og sálfræðimeðferðina sem veitt er fyrir einstaklinga og Skype samskiptaforritið er notað til þess. Jafnframt er veitt ráðgjöf/meðferð á staðnum. Greiðslufyrirkomulag og hvernig skal haga meðferðinni eða ráðgjöfinni er einnig á síðunni. Þar eru svör við algengum spurningum um vanda einstaklinga sem upp kann að koma meðal annars depurð og kvíða. Þá er einnig að finna skriflegt fræðsluefni um ýmis hugræn málefni eins og upplýsingar um hugræna atferlismeðferð ásamt upplýsingum um siðareglur og starfshætti sérfræðinga sem starfa í Bosnía - Hersegóvínu.

**Viðbótaraðferð:** Handleiðsla fyrir sérfræðinga

Markhópur	Efni	Tegund	Land
<ul style="list-style-type: none"><li>• Fullorðnir</li><li>• Hjón</li><li>• Sálfræðingar</li><li>• Náms- og starfsráðgjafar</li><li>• Starfsfólk heilbrigðisstétta</li><li>• Hópar</li></ul>	<ul style="list-style-type: none"><li>• Almennt</li></ul>	<ul style="list-style-type: none"><li>• Náms- og starfsráðgjöf</li><li>• Meðferð</li><li>• Markþjálfun</li></ul>	<ul style="list-style-type: none"><li>• Bosnía-Hersegóvína</li></ul>

Counselling Krnetić (Savetovalište Krnetić) is a web site that offers counselling and psychotherapy for individuals, couples and groups and supervision for professionals. On the main page the history of the Counselling practice is given as well as the purpose of Counselling practice and the educational background. It states that it is the first private practice in Bosnia and Herzegovina. The services offered include in person therapy and online therapy through Skype. A short description of online therapy and info on how to make contact are provided on *Online counselling* page and in Contact page. On *Before counselling* page the therapist advises potential users on how to inform themselves about the therapist or the therapy before they start the process. The potential user is encouraged to ask questions such as: is the therapist a licensed one, does he/she attend regular supervision, what is the agreement on sessions and pricing, etc. Also, unacceptable behaviours from the part of the therapist/counsellor are described (he/she over-exposed personal life and issues, asks the client to meet outside of therapy for private encounters, makes sexual offers, etc. Also, the web site offers section answers on the most common questions (“Do I have to take pills during treatment”, “What is the difference between a psychologist and a psychiatrist”, etc.). On Download and Links pages, written materials on psychiatric disorders such as depression and anxiety, treatment, and psychotherapy approaches (cognitive behavioural, relational-emotional therapy), codes of ethics, list of licensed psychotherapists in Bosnia and Herzegovina can be found. There are many useful links regarding info on and related to Cognitive-behavioural therapy, Relational-emotional therapy, and Acceptance-commitment therapy. On the Biography page the counsellor/therapist gives an extensive data on education/training and professional affiliation info.



## Upphaflegt tungumál

Bosnian

## Land

Bosnia and Herzegovina

## Tengill

<http://www.krnetic.com/index.html>

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<https://www.ecounselling4youth.eu/project/>