Webinar: Bridging Social Media and Mental Health Support for Youth

A *Webinar* de 78 minutos "Bridging Social Media and Mental Health Support for Youth" aborda como os profissionais podem trabalhar de forma mais eficaz e eficiente com os jovens, como podem usar as media sociais para promover a identificação precoce dos problemas e quais os recursos que podem utilizar para transferir a psico-educação para a vida quotidiana dos jovens.

Grupos-alvo	Tópicos	Tipo de Melhores Práticas	Países
• Terapeutas • Conselheiros • Profissionais de saúde	• Geral	• Webinar	• Canadá

Descrição

The integrated training project website Working with Children and Youth with Complex Mental Health Needs offers a series of webinars with the main goal to help direct service providers of children and youth with complex mental health needs, enhance their skills in core service areas, including: Targeted Prevention, Brief Services, Family/Caregiver Skills Building and Support, and supporting the capacity to practice within a health equity lens.

The 78 minute Webinar “Bridging Social Media and Mental Health Support for Youth” deals with aspects how practitioners can you work more effectively and efficiently with youth:

How do we use social media to promote early identification of mental health problems, provide timely early intervention, and develop help-seeking skills in youth with complex needs? This webinar describes youth engagement through social media as a concrete model and set of best practices that can transfer to organizations and service-teams in youth mental health. Areas of focus include particular methods of employing social media to reduce stigma, normalize conversations about mental health, and increase youths’ capacity to navigate the system and advocate for themselves. Presenters share principles and resources for practitioners to use in their work with youth, including web- and mobile-based interactive psycho-education and system-navigation tools.

A discussion of the development of multi-sectoral social media policies is included**.**



Idioma original

English

Países

Canada

Ligação

http://www.complexneeds.ca/webinars/webinar-4-bridging-social-media-and-mental-health-support-for-youth/

access date: 11/07/2017)

CC - Atribuição-sem comercial-compartilha
http://creativecommons.org/licenses/by-nc-sa/3.0/

WIN. *Webinar: Bridging Social Media and Mental Health Support for Youth.* Recuperado em Sunday November 22, 2026 de https://ecounselling4youth.gunet.gr/online-material/courses/TGP645/

Co-funded by the Erasmus+ Programme of the European Union

O apoio da Comissão Europeia para a produção desta publicação não constitui uma garantia relativamente ao conteúdo da mesma, que reflete exclusivamente as perspetivas dos autores. A Comissão Europeia não pode ser responsabilizada pelo uso das informações aqui contidas

https://www.ecounselling4youth.eu/project/